



the 2018 Diva Du



ATHLETE GUIDE



Pre-Event Packet and Race Number Pick Up

Packet Pick Up will be held at the Kiepersol Winery, 4120 FM 344 E, Tyler, TX 75703 on Friday, April 27th. Pick up times will be from 4:00pm-8:00pm.

Will WILL NOT have Race Day registration. If you feel you have extenuating circumstances and need to pick up your packet race morning, please contact the Race Director, Cori Moore at itri365@gmail.com or you may call 903-372-2330.

Race Day Parking: Arrive on-site EARLY

All participants and spectators need to park at the vineyard on Dorsey Road. Dorsey Road is off of 344, approximately one-tenth of a mile from the Kiepersol Estates entrance, and the parking area will be .09 miles, on the left. Look for signage directing event parking.

Timing Chips:

Duathletes will need to come to the iTRI365 tent in the morning to pick up their ankle chip. This chip is to be worn on your left ankle, facing out. You must wear this the whole race. 5kers will only have a bib and do not need to come to the tent in the morning.

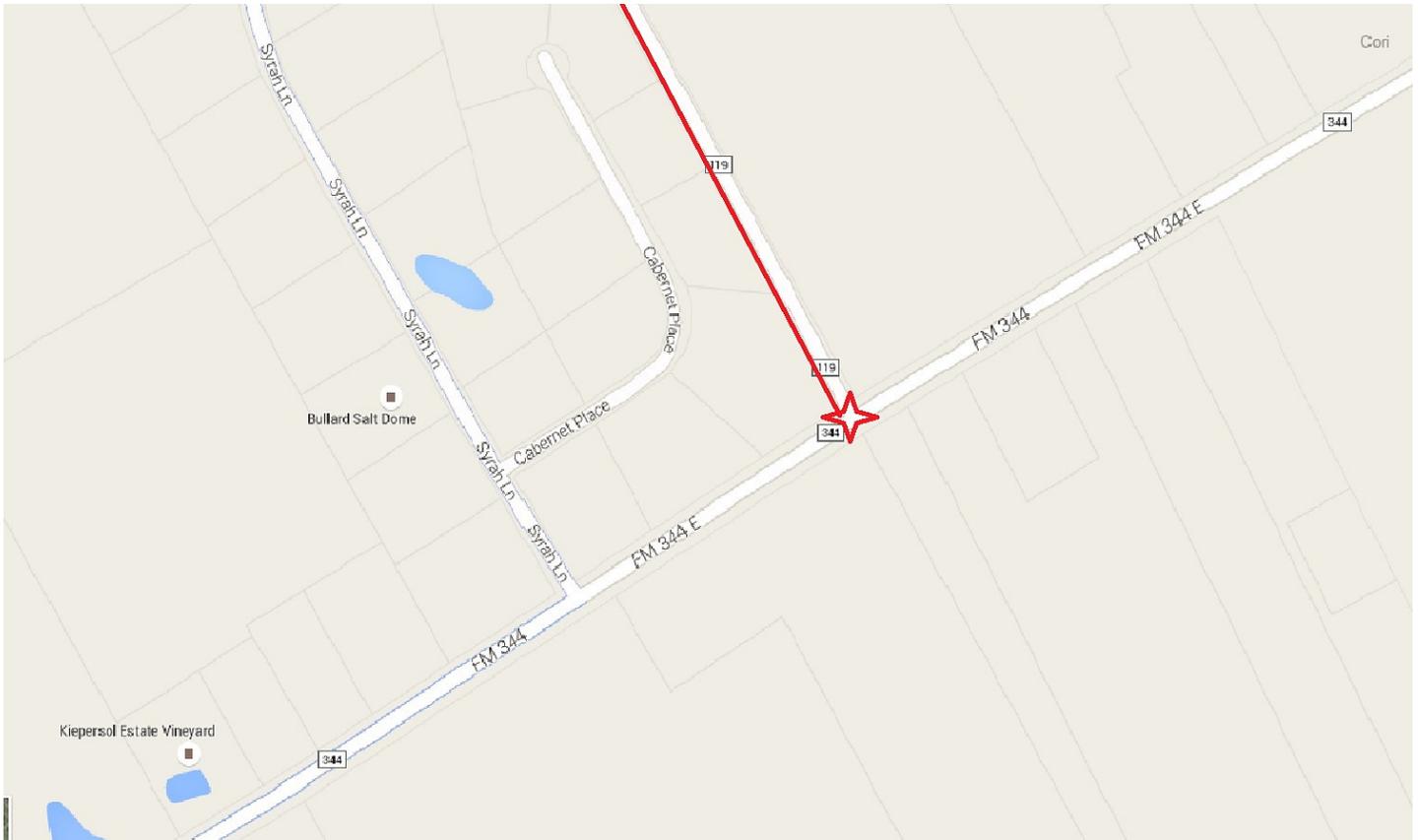
Duathletes, you will be given bike helmet and bike stickers. The helmet sticker is the smaller one and needs to go on the front of your helmet. The bigger sticker goes on the bike, either on the top tube or seat post.

Transition:

Transition will open at 6:30am and will be adjacent to event parking. Participants may check their bikes and rack according to bib # range. Make sure you have your helmet and ensure your bike bars are plugged. Participants without helmets will not be allowed to participate. Transition will close 15 minutes prior to start time. There will be bike mechanics onsite to check bikes and help with any mechanical issues both before and during the race.

Race start will begin by transition but will finish in the winery. There will be trolleys running throughout the morning to taxi participants and spectators back and forth from finish line to transition/parking.

Race Day Parking/Transition



Please make sure that you do NOT enter Kiepersol Estates on race day morning.

Dorsey Rd. is approximately a quarter of a mile down the road from the main entrance. You will want to turn down Dorsey Rd. and parking/transition will be .9 miles down, on your left.

If you have friends and/or family coming later in the morning, they may enter the Estates to park at the winery.

Trolleys will be running every 15 minutes until 12:00pm in order for participants and spectators to get to/from transition and the winery.

Duathlon Athlete Information:

1. You must wear a helmet on the Bike Course.
2. For insurance purposes you CANNOT wear ear phones during the race.
3. Transition Area bike racks will be numbered by Bib # range. Hang your bike on the rack that includes your corresponding bib number within that range, front wheel on the ground.
4. Please rack your bike properly using just the right amount of space, being courteous of those around you.
5. Only Athletes are allowed in the Transition Area, please no family members.

Transition Area:

Runners will enter the transition area at the "Run In" sign. A water station will be located just prior to the transition zone entrance. Cyclists please make sure to walk with your bike all the way through the transition area, past the "Bike Out" sign until you get to the "bike mount" line. Reverse the process on your way back into the transition area - dismount your bike at the "bike dismount" line and walk your bike from the "Bike In" sign back to your rack.

Bike Course:

The bike courses are a 10ish mile out and back and a 25ish mile keyhole. Road conditions are generally good along both routes. This is an open road course, though police units and course marshals will be at key locations along bike course to monitor vehicle traffic as well as ensure participants' safety. Please ride single file with your head up and be mindful of your surroundings. When passing, be sure to look for oncoming cyclists who are passing and notify cyclists in front of you. "On your left!" is a common practice in communication when passing.

****IMPORTANT****

Both Sprint and Olympic start the same direction. The course will split at the 4-way in Bullard. Olympic will go straight, Sprint will turn left. Please make sure you look at the bike course on the itri365.com/diva-du website.

Run Course:

The run terrain is a mixture of well paved road, gravel, dirt and grass. While we work hard to plan our routes smoothly, please pay attention where you run as the surface could have rocks and dips.

Relays

If you are on a relay team, you must keep your bike racked until your runner touches the rack. You must also have your bike completely racked before your runner can start the last leg of the run. Teammates must exchange the ankle chip or you will not be timed correctly.

Post-Race

Wine will only be served to participants 21 and over. Wristbands will be given to eligible participants at packet pick-up. You will not be allowed access to complimentary post-race wine without this wristband. However, alcohol will be available for purchase at your own discretion and sold through Kiepersol, who may ask for a valid ID.

Hotels & Lodging

We have reserved a block of rooms at the Courtyard Marriott in Tyler. If you call, let them know you are with the Diva Du. The block rate of \$99/nt will be good the nights of April 27th and April 28th.

Kiepersol Estates also boasts beautiful homes and rooms for your stay but they sell out quickly! For more information on staying directly on the race site in one of their extraordinary B&Bs, contact Marnelle at 903-894-3300 and mention you will be participating in the Diva Du!

Sponsors

The Diva Du is proud to be affiliated with the following sponsors and we hope that you can remember their support of this event and stick around to visit their booths. Because of them, this race was made possible.

BECAUSE OF YOU - this race was made AWESOME!

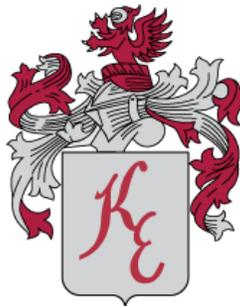
The Race Directing Team of iTRI365 is grateful for your participation and we're excited to see you cross that finish line in true Diva Style!

Make sure to thank a volunteer!!



Races just can't be done well without a great title sponsor on board. Working with HealthFirst has been an honor and tons of fun! This is a fantastic team of people who truly do look for ways to help others put their Health First!

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